

Raising Awareness and Understanding of E-safety



Technology has developed and changed rapidly over the years





Our children are now more tech-savvy than ever



The average age a child uses the internet is 3

Children often know more than we do



56% of parents ask their children for advice on technology.



If we don't know how can we protect them

The internet is an incredible resource, what are the best things about the internet for you?



Shopping



News



Games



Music



Chatting



Blogging



Finding out
information



Banking



Videos/Films

But e-safety increasingly become an issue. What concerns you about the internet?



Hurtful comments



Viruses



Adverts



Spam/Junk
messages



Strangers



Inappropriate
Material

Children aged 0-5 are:

- Using apps
- Gaming
- Downloading
- Going Mobile



Children aged 6-9 are:

- Using apps
- Gaming
- Downloading
- Going Mobile
- Chatting



Children aged 10+ are:

- Using apps
- Gaming
- Downloading
- Going Mobile
- Chatting
- Social networking



Understanding the issues



- Adults seeking inappropriate relationships with children.
- Children could give out personal information without realising the risk. As they get older this risk increases as they start to share photos, videos and location via apps.
- Children are unable to regulate time on devices.
- Children can be exposed to inappropriate content by mistake or may start accessing unsuitable sites and games for their age. This risk increases as children get more internet savvy.

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- Children can accidentally make in-app purchase.
 - Friendships can be developed with people children don't know.
 - Children may say things they wouldn't normally say face to face.
 - Access to Wi-Fi in public places is often unfiltered meaning children may come across inappropriate content.

How to deal with the issues

Protect your children by activating simple parental controls around your home. All major broadband providers offer these and allow you to block certain categories of websites and set time limits.

Categories that can be blocked by parental controls are:

- Pornography and adult content.
- Hate crime.
- Drugs and criminal skills.
- Suicide and self-harm.
- Weapons and violence.
- Dating.
- Online gaming.
- Social networks.

The logo for Internet Matters, featuring the text "internet" in a lowercase sans-serif font and "matters.org" in a bold lowercase sans-serif font, both in white on a red rectangular background.

**internet
matters.org**

learn about it / talk about it / deal with it

How to deal with the issues

- Set and maintain boundaries to include how much time they spend online, only using devices in communal areas and they only view age appropriate content.
- Use safe search on search engines and YouTube.
- Talk to your child about what they do online and explore the internet together.
- Find out who their friends are online and who they are chatting to and discuss that people online might not be who they say they are.
- Talk about the possible consequences of sharing content.
- Set passwords so they have to ask you when they want to go online.

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- Encourage them to treat people online as they would in real life.
 - Talk to them about what they might be sharing with younger siblings may not be appropriate.
 - Check age restrictions on games and apps that they are accessing.

PEGI

- Pan-European Game Information age rating system
- Established in 2003 to help parents make informed choices
- Rates video games by age and also provides a content descriptor e.g. drug use or violence
- Apple have a rating system for apps

Age Classifications for Games





PEGI 3

The content of games given this rating is considered suitable for all age groups. Some violence in a comical context (typically Bugs Bunny or Tom & Jerry cartoon-like forms of violence) is acceptable. The child should not be able to associate the character on the screen with real life characters, they should be totally fantasy. The game should not contain any sounds or pictures that are likely to scare or frighten young children. No bad language should be heard.



PEGI 7

Any game that would normally be rated at 3 but contains some possibly frightening scenes or sounds may be considered suitable in this category.



PEGI 12

Videogames that show violence of a slightly more graphic nature towards fantasy character and/or non graphic violence towards human-looking characters or recognisable animals, as well as videogames that show nudity of a slightly more graphic nature would fall in this age category. Any bad language in this category must be mild and fall short of sexual expletives.



PEGI 16

This rating is applied once the depiction of violence (or sexual activity) reaches a stage that looks the same as would be expected in real life. More extreme bad language, the concept of the use of tobacco and drugs and the depiction of criminal activities can be content of games that are rated 16.



PEGI 18

The adult classification is applied when the level of violence reaches a stage where it becomes a depiction of gross violence and/or includes elements of specific types of violence. Gross violence is the most difficult to define since it can be very subjective in many cases, but in general terms it can be classed as the depictions of violence that would make the viewer feel a sense of revulsion.

Descriptors shown on the back of the packaging indicate the main reasons why a game has received a particular age rating. There are eight such descriptors: violence, bad language, fear, drugs, sexual, discrimination, gambling and online gameplay with other people.



Bad Language

Game contains bad language



Discrimination

Game contains depictions of, or material which may encourage, discrimination



Drugs

Game refers to or depicts the use of drugs



Fear

Game may be frightening or scary for young children



Gambling

Games that encourage or teach gambling



Sex

Game depicts nudity and/or sexual behaviour or sexual references



Violence

Game contains depictions of violence



Online gameplay

Game can be played online

Guess My Age

- See if you can guess the age rating of these video games.
- What sort of content do you think they contain?
- What are the concerns?

PS4



?

PS4



3
www.pegi.info
PROVISIONAL

PS4



Concern



Ability to play with others online

- Remember people are not always who they say they are, remember to keep gaming friends 'in-game'.
- Don't give out personal information
- Don't add people you've met in games to a social networking site if you have one



Pokémon go is a free smartphone game app that uses a phone's GPS signal along with the camera to create an 'Augmented Reality' giving players the ability to see their Pokémon in a real world setting.



The apps official age rating varies greatly. On the IOS app store is it rated as suitable for 9year + for “infrequent/mild cartoon or fantasy violence”. On the google play store it is rated as Pegi 3 in the UK.

Concerns

- Is meeting people they don't know face to face.
- There is a physical risk as it is easy to forget to look where you are going with this game.
- It can cost a lot of money with in app purchases costing up £79.99 (that's 14.500 Pokémon coins)
- Access to personal data.







Concerns

- Online ability with open chat permitted with no official rules
- Players could encounter offensive content, both in the messages typed by other players and in the freeform structures they build.
- Potential also exists for players to share personal information, or bully each other.
- Aggressive monsters

XBOX 360



XBOX 360



XBOX 360



grand theft auto



18
www.pegi.info



Concern

Exposure to age inappropriate content

- Sexual images
- Extreme violence
- Drug use
- Desensitising to extreme behaviours
- Inappropriate language and bullying behaviours
- Playing online potentially with people they don't know

Parents need to know ..

- **It isn't a game for kids.**
- Playing as hardened criminals, players kill fellow gangsters, police officers and innocent civilians using both weapons and vehicles
- Includes a particularly disturbing scene involving torture.
- Women are frequently depicted as sexual objects, there are scenes where women can be raped and murdered.
- Players also have the opportunity to make their avatars take drugs and drink alcohol.

Cyber Bullying

Definition

‘The use of digital technology (text messaging, email, social networking, online gaming) to bully, harass or abuse someone.’

DfE 2009

What the law says

Cyberbullying

Although bullying is not a specific criminal offence in UK law, criminal and civil laws can be applied.

- Protection from Harassment Act 1997
- Malicious Communications Act 1988
- Section 43 of the Telecommunications Act 1984
- Communications Act 2003

The age of criminal responsibility in the UK starts at 10 years old.

Sharing Images



When sharing images children should consider:

- Who might see it?
- What could happen?

The term sexting refers to the taking or sharing of inappropriate or explicit pictures or videos. This includes explicit text messages also.

- NSPCC *Share Aware* campaign



What the law says

Although unlikely to be prosecuted, young people may be visited by the police and equipment removed.

Crimes involving indecent images of a person under 18 years fall under Section 1 of the Protection of Children Act 1978 and Section 160 Criminal Justice Act 1988. It is a crime to:

- Take an indecent photograph or allow an indecent photograph to be taken
- Make an indecent photograph (this includes downloading or opening an image that has been sent via email)
- Distribute or show an image
- Possess with the intention of distributing images
- Advertise
- Possess such images



I saw your willy!

What is Child Sexual Exploitation



Child sexual exploitation is a type of abuse in which children or young people are sexually exploited for money, power or status.

Children or young people may be tricked into believing they are in a loving consensual relationship which is known as grooming.

This can happen face to face or online and can take place over a few days or several years.



Dan & Laura's story

Signs of Child Sexual Exploitation

Children may:

- Become sexually active at a young age
- Could use sexual language or know information that you wouldn't expect them to
- Be very secretive, including about what they are doing online
- Go to unusual places to meet friends
- Have older boyfriends or girlfriends
- Have new things such as clothes or mobile phones that they can't or won't explain
- Have access to drugs and alcohol
- Have a sexually transmitted infection
- Pregnancy

Changes in behaviour

A child suffering from Child Sexual Exploitation may be:

- withdrawn
- suddenly behaves differently
- becomes anxious , clingy and depressed
- aggressive
- has problems sleeping or suffers nightmares
- have an eating disorder
- wets the bed and soils clothes
- misses school
- uses drugs and alcohol
- self harms

PREVENTION- What can we do ?

- **Know the signs- and be alert**

Acting on signs early can prevent abuse from happening or escalating.

- **Ensure lines of communication are open**

Children and young people need to know they can talk to us about anything. Abusers often rely on the victim to be feeling shame or guilt to keep them silent.

- **Know their friends**

Knowing your children's friends enables us to monitor who is likely to be a positive influence on them. Secrecy around friends could indicate unsuitability.

- **Take an interest in their online life**

Talk about the sites they use, talk about the importance of not giving out personal information. Talk about the dangers of posting sexual images online and sexting.

- **Listen to children and young people**

Look out for things they may be showing but not telling. Difficult behaviour could be an indicator that something is wrong.

Report and Support



Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up
www.ceop.police.uk



www.common sense media.org



NSPCC – Be share aware



helpline@saferinternet.org.uk

Helpful websites

**internet
matters.org**

learn about it / talk about it / deal with it

NHS **choices**
www.nhs.uk

